



Surgery Instructions

Procedure _____

Date of Surgery _____

Check in at ER entrance. A surgery nurse will call you 5-7 days prior to your procedure with your arrival time.

Please be aware we have you arrive early for your procedure to give us ample amount of time to get you ready. Your procedure start time may vary depending on unforeseen circumstances. Your time is very important to us and we try our hardest to have your procedure start on time. We thank you for your patience.

Please call **402-443-1446** if you are feeling ill or experiencing a fever, chills or need to cancel for any reason.

To prepare for your surgery:

- Depending on your health history, a history and physical within 30 days may be required before your surgery. This may include lab work, EKG, and chest x-ray. Your history and physical is only good for 30 days. Please keep this in mind if you need to reschedule your procedures. If you will need a history and physical make an appointment with your primary doctor.
- All blood thinning medications and nonsteroidal anti-inflammatory medications such as Aspirin, Aleve, Ibuprofen, Coumadin, Plavix, Eliquis, Meloxicam, Mobic and fish oil will need to be stopped prior to your surgery.

_____ Date: _____

_____ Date: _____

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- **Stop all supplements and vitamins 5 days prior. You will need to stop on Date: _____**

- If you are diabetic, please consult with your primary doctor regarding your medication.



- **You are required to have a responsible adult over the age of 19 accompany you home and be with you for 24 hours after your procedure.**
- **Public transportation is not an acceptable form of transportation.**
- Our surgeons prefer to discuss results with a responsible adult immediately following your procedure. It would be best if your responsible adult does not leave the facility during your procedure. Please discuss this with them prior to your procedure.
- You may need to pick up dial soap and follow our dial soap instructions given by your pre-op nurse.
- If you are having surgery performed on your arm, leg, or foot you will need to remove your nail polish and acrylic nails.

The Day of Surgery:

- **NOTHING TO EAT OR DRINK AFTER MIDNIGHT**
- No gum, candy, or mints
- Take only the medications discussed with your primary doctor with a small sip of water.
- **Do not take any ace inhibitors the morning of your procedures such as Benazepril, Enalapril, Lisinopril** _____
- If you have a CPAP machine or use an inhaler, please bring them with you.
- Wear something loose fitting and comfortable.
- Remove ALL jewelry and leave all valuables at home.
- Please brush your teeth, but do not swallow any water.
- If you are scheduled for a Cystoscopy please come with a full bladder. A urine sample will be needed prior to your procedure.

Patient Signature: _____ **Date:** _____

Witness Signature: _____ **Date:** _____